



WESTSIDE
REGIONAL CENTER

Message from the Westside Regional Center Regarding Respite Services

This message is to inform our Westside community members about an important change in the law (the repeal of Welfare and Institutions Code section 4686.5). Currently, regional centers cannot purchase more than 90 hours per quarter of in-home respite and cannot purchase more than 21 days of out-of-home respite for a family, unless an exemption is granted. Effective **January 1, 2018**, these limits on the purchase of respite services will no longer apply.

Because of this change in the law, Westside Regional Center has revised its respite services purchase of service (POS) policies and they will be effective **January 1, 2018**.

Respite services provide intermittent or regularly scheduled non-medical care and supervision of a minor or adult with a developmental disability provided in the family's own home and designed to relieve family members from the constantly demanding responsibility of caring for a client; assist family members in maintaining the client at home; provide appropriate care and supervision to protect the client's safety in the absence of family members; and, attend to the client's basic self-help needs and other activities of daily living, including interaction, socialization, and continuation of usual daily routines which would ordinarily be performed by family members.

The planning team makes the decisions about respite services as a part of the Individual Program Plan discussions. If you are interested in learning more about respite services please contact your Westside Regional Center service coordinator for more information.