# Westside Regional Center

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# **Performance Report for Westside Regional Center**

Every year, the Department of Developmental Services (DDS) contracts with regional centers in California to serve consumers and families. And, every year DDS looks at how well the regional centers are doing. This report will give you information about your regional center.

Last year, at Westside Regional Center (WRC) we served about 7,320 consumers. The charts on page 2 tell you about the consumers we serve. You'll also see how well we are doing in meeting our goals and in fulfilling our contract with DDS.

At WRC, we want to improve every year, do better than the state average, and meet or exceed the DDS standard. As you can see in this report, we did well in all areas, exceeding the statewide average. But, we still need to improve in meeting the timelines for Individual Family Service Plans even though we made significant improvements this year.

We hope this report helps you learn more about WRC. If you have any questions or comments, please contact us!

This report is a summary. To see the complete report, go to: www.westsiderc.org Or contact Mary Lou Weise-Stusser at (310) -258-4042

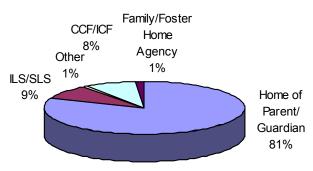
Director, Westside Regional Center

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### Who uses WRC?

These charts tell you about who WRC consumers are and where they live.

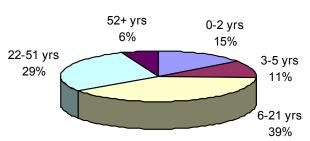




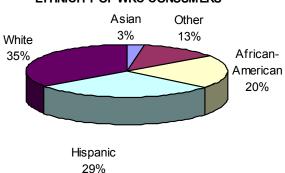
## PRIMARY DIAGNOSIS OF WRC CONSUMERS



#### AGE OF WRC CONSUMERS



### ETHNICITY OF WRC CONSUMERS



# How well is WRC performing?

This chart tells you about 5 areas where DDS wants each regional center to keep improving.

The first column tells you how WRC was doing at the beginning of 2008. And, the second column shows how WRC was doing at the end of 2008.

To see how WRC compares to the other regional centers in the state, compare the numbers to the state averages (in the shaded columns).

Regional Center Goals (based on Lanterman Act)	December 2007		December 2008	
	State Average	WRC	State Average	WRC
Less consumers live in developmental centers	1.20%	0.88%	1.03%	0.77%
More children live with families	98.06%	99.39%	98.38%	99.54%
More adults live in home settings*	71.38%	77.35%	72.25%	79.15%
Less children live in large facilities (more than 6 people)	0.15%	0.08%	0.14%	0.05%
Less adults live in large facilities (more than 6 people)	4.94%	1.69%	4.55%	1.54%

<sup>\*</sup> Home settings include: independent living, supported living, Adult Family Home Agency homes, and consumers' family homes.

#### Did WRC meet DDS standards?

Read below to see how well WRC did in meeting DDS compliance standards:

Areas Measured	Last Period	Current Period
Passes independent audit	Yes	Yes
Passes DDS audit	Yes	Yes
Audits vendors as required	Partially Met	Met
Didn't overspend operations budget	Yes	Yes
Participates in the federal waiver	Yes	Yes
CDERs are updated as required (CDER is the Client Development Evaluation Report with information about the consumer's diagnosis)*	NA	NA
Intake/Assessment timelines for consumers age 3 or older met	86.78%	86.96%
IPP (Individual Program Plan) requirements met	98.44%	99.67%
IFSP (Individualized Family Service Plan) requirements met	79.76%	86.65%

<sup>\*</sup>Measure temporarily suspended pending implementation of the Revised CDER.

WRC also met our goals for our Local Policy Measures. WRC provided:

- A website, <u>www.westsiderc.org</u> to provide information to our families, clients and vendors
- Published two newsletters, Inside Westside, and one self-advocacy newsletter, Speak for Yourself.
- 57 client trainings; 50 family trainings and 45 Service provider trainings.
- Assistance to 275 families with IEP meetings; held one education conference,
   "Access to Education" and an IEP Support Group each month with an average of 8 families per meeting.
- 11 Autism Collaborative meetings that included 14 families; 8 school districts; 4
  Regional Centers (WRC, HRC, SCLARC, NLACRC) and 18 Service Providers.
- Continued our Health and Fitness Education Program through the Peer Mentor Healthy Lifestyle Coaching Agency with 43 participants and 8 Peer Mentor Employees.

## What about other performance areas?

In the future, we will measure how well we are doing in other areas, including:

- Increasing the number of consumers who work,
- Getting better pay for consumers who work,
- Making sure consumers get medical and dental services, and
- Meeting Intake/Assessment and IFSP timelines for children 0–3.

#### Want more information?

To see the complete report, go to: www.westsiderc.org

Or contact Mary Lou Weise-Stusser at 310-258-4042