Performance Report for Westside Regional Center

Every year, the Department of Developmental Services (DDS) contracts with regional centers in California to serve consumers and families. And, every year DDS looks at how well the regional centers are doing. This report will give you information about your regional center.

Last year, at Westside Regional Center (WRC) we served about 7,100 consumers. The charts on page 2 tell you about the consumers we serve. You’ll also see how well we are doing in meeting our goals and in fulfilling our contract with DDS.

At WRC, we want to improve every year, do better than the state average, and meet or exceed the DDS standard. As you can see in this report, we did well in supporting children and adults to continue to live in a family home or setting; completing our intakes in a timely manner and assisting people to live in home like setting instead of institutions. But, we still need to improve in completing our Individual Family Service Plans (IFSP) and CDERs within required timelines.

We hope this report helps you learn more about WRC. If you have any questions or comments, please contact us!

This report is a summary. To see the complete report, go to:  www.westsiderc.org

Or contact Mary Lou Weise Stusser at (310) 258-4042.

Michael Danneker
Director, Westside Regional Center
Who uses WRC?
These charts tell you about who WRC consumers are and where they live.

WHERE WRC CONSUMERS LIVE

- Family/Foster Home: 80%
- ILS/SLS: 10%
- CCF/ICF: 8%
- Agency: 2%
- Other: 1%
- Parent/Guardian: 8%

PRIMARY DIAGNOSIS OF WRC CONSUMERS

- Epilepsy: 15.72%
- Severe/Profound Mental Retardation: 10.05%
- Mild/Moderate Mental Retardation: 46.20%
- Autism: 34.79%
- Cerebral Palsy: 14.4%

AGE OF WRC CONSUMERS

- 0-2 yrs: 12%
- 2-5 yrs: 9%
- 5-6 yrs: 15%
- 6-21 yrs: 42%
- 22-51 yrs: 30%
- 52+ yrs: 7%

ETHNICITY OF WRC CONSUMERS

- White: 30%
- Asian: 3%
- African American: 22%
- Hispanic: 30%
- Other: 15%

How well is WRC performing?
This chart tells you about 5 areas where DDS wants each regional center to keep improving.

The first column tells you how WRC was doing at the beginning of 2010. And, the second column shows how WRC was doing at the end of 2010.

To see how WRC compares to the other regional centers in the state, compare the numbers to the state averages (in the shaded columns).

<table>
<thead>
<tr>
<th>Regional Center Goals (based on Lanterman Act)</th>
<th>December 2009</th>
<th>December 2010</th>
</tr>
</thead>
<tbody>
<tr>
<td>Less consumers live in developmental centers</td>
<td>0.91% WRC 0.60%</td>
<td>0.83% WRC 0.50%</td>
</tr>
<tr>
<td>More children live with families</td>
<td>98.48% WRC 99.65%</td>
<td>98.60% WRC 99.51%</td>
</tr>
<tr>
<td>More adults live in home settings*</td>
<td>73.20% WRC 79.88%</td>
<td>73.99% WRC 80.50%</td>
</tr>
<tr>
<td>Less children live in large facilities (more than 6 people)</td>
<td>0.13% WRC 0.08%</td>
<td>0.13% WRC 0.08%</td>
</tr>
<tr>
<td>Less adults live in large facilities (more than 6 people)</td>
<td>4.10% WRC 1.43%</td>
<td>3.80% WRC 1.19%</td>
</tr>
</tbody>
</table>

* Home settings include: independent living, supported living, Adult Family Home Agency homes, and consumers’ family homes.
Did WRC meet DDS standards?

Read below to see how well WRC did in meeting DDS compliance standards:

<table>
<thead>
<tr>
<th>Areas Measured</th>
<th>Last Period</th>
<th>Current Period</th>
</tr>
</thead>
<tbody>
<tr>
<td>Passes independent audit</td>
<td>Yes</td>
<td>Yes</td>
</tr>
<tr>
<td>Passes DDS audit</td>
<td>Yes</td>
<td>Yes</td>
</tr>
<tr>
<td>Audits vendors as required</td>
<td>Met</td>
<td>Partially Met</td>
</tr>
<tr>
<td>Didn’t overspend operations budget</td>
<td>Yes</td>
<td>Yes</td>
</tr>
<tr>
<td>Participates in the federal waiver</td>
<td>Yes</td>
<td>Yes</td>
</tr>
<tr>
<td>CDERs are updated as required <em>(CDER is the Client Development Evaluation Report with information about the consumer's diagnosis)</em></td>
<td>NA*</td>
<td>93.96%</td>
</tr>
<tr>
<td>Intake/Assessment timelines for consumers age 3 or older met</td>
<td>91.67%</td>
<td>98.81%</td>
</tr>
<tr>
<td>IPP <em>(Individual Program Plan)</em> requirements met</td>
<td>99.67%</td>
<td>99.66%</td>
</tr>
<tr>
<td>IFSP <em>(Individualized Family Service Plan)</em> requirements met</td>
<td>79.76%</td>
<td>86.65%</td>
</tr>
</tbody>
</table>

*Measure was temporarily suspended during implementation of the Revised CDER.

WRC also met our goals for our Local Policy Measures. WRC provide:

- Two websites, [www.westsiderc.org](http://www.westsiderc.org) and [www.wfrec.org](http://www.wfrec.org) to provide information to our families, clients and vendors
- 39 client trainings; 79 family trainings and 65 Service provider trainings.
- Assistance to 281 families with IEP meetings; held 1 education conference, “Access to Education,” 1 Transition Fair and an IEP Support Group each month with an average of 8 families per meeting.
- 10 Autism Collaborative meetings that included 12 families; 10 school districts; 4 Regional Centers (WRC, HRC, SCLARC, NLACRC) and 50 Service Providers.
- Continued our Health and Fitness Education Program through the Peer Mentor Healthy Lifestyle Coaching Agency with an average of 50 participants and 8 Peer Mentor Employees.

What about other performance areas?

In the future, we will measure how well we are doing in other areas, including:

- Increasing the number of consumers who work,
- Getting better pay for consumers who work,
- Making sure consumers get medical and dental services, and
- Meeting Intake/Assessment and IFSP timelines for children 0–3.

Want more information?

To see the complete report, go to: [www.westsiderc.org](http://www.westsiderc.org)

Or contact Mary Lou Weise Stusser at (310) 258-4042