Risk Assessment Inventory: Major Depression

The ID Team should consider the need to address any identified risk factor including further evaluation by the approved professional or clinical team.

Personal Risk Factors

<table>
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<tr>
<th>v if Present</th>
<th>Risk Factor</th>
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<tr>
<td></td>
<td>Loss of interest in things you used to enjoy, including sex</td>
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<td>Feeling sad, blue, or “down in the dumps”</td>
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<td>Feeling slowed down or restless and unable to sit down</td>
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<td>Feeling worthless or guilty</td>
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<td></td>
<td>Changes in appetite or weight (loss or gain)</td>
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<td>Thoughts of death or suicide; suicide attempts</td>
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<td>Problems concentrating, thinking, remembering, or making decisions</td>
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<td>Trouble sleeping or sleeping too much</td>
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<td>Loss of energy or feeling tired all of the time</td>
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<td>Headaches</td>
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<td>Other aches and pains</td>
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<td></td>
<td>Sexual problems</td>
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<td>Digestive problems (upset stomach, etc.)</td>
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<td>Feeling pessimistic or hopeless</td>
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<td>Being anxious or worried</td>
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Consumer: ____________________________________________ Date __________________