MINUTES BOARD OF DIRECTORS MEETING COASTAL DEVELOPMENTAL SERVICES FOUNDATION WEDNESDAY, JULY 10, 2013

Members Present:

Joseph Allen Chandler, Jr.

Nilo Choudhry Courtney Colman Fernando Gomez Brett Gordon Priscilla Hoe Lynn Krupp

Portia Griffith Lane

Gail Louis Rene Rivas Karol Scotta Bob Steiner



Absent:

Judy Blumenthal, Cecilia Fabulich, Dru Garcia-Richardson,

Sandra Gonzalez, Philip Jackson, Jack Rose, and Ron Williams

Staff Present:

Linda Butler, Mike Danneker, Denise Fernald, John Hunt, Danise

Lehrer, Soryl Markowitz, Debra Ray, Liz Spencer, and Daisy

Marks

Guests Present:

Chris Arroyo, Area Board 10, Consumer, Harbor RC, Disability

Rights of CA; Zakir Choudhry, Laurene Feldan, Erin Fox,

Elizabeth Gomez, Paula Hilton, Bo Hwang, Marcia James, Esther Kelsey, Connie Lapin, Autism Society; Amanda Lynch, Barbara McCants, Judy Mark, Autism Society of Los Angeles; Christine Monroe, David Oster, Todd Rubien, Robert Schwartz, Russell

Tanner

Board Chair Rene Rivas called the meeting to order at 6:00 p.m.

PRESENTATION: Judy Mark, Connie Lapin and David Oster spoke at length in favor of SB 468. SB 468 will provide individuals with developmental disabilities who are consumers of the regional center system the choice of participating in a self-determination program. Self-Determination provides an alternative to the traditional method of providing regional center services to consumers. It allows individuals with developmental disabilities— with the support of family, friends, and professionals—to take charge of their future by gaining control over the services, supports and resources that they need. It is an approach to service delivery that has garnered international and bipartisan support and has been enacted in many states, including a pilot project in California. Discussion followed.

Karol Scotta questioned the type of vendor oversight that the bill overlooks. She expressed vendor concerns in that families enter into a co-employment relationship with a facilitator, but the IRS does not acknowledge co-employment relationships. Instead, the IRS emphasizes the ability to hire and fire. Karol asked about such issues as vendor insurance, supervision of staff, or hiring of felons or those who prey on young girls. Self-Determination is appropriate for some people, but she has observed the fiduciary abuse from some families.

Rene Rivas commented on his personal concerns. Most everything in the bill is already the responsibility of the regional center. He considered that taking funds out of the system to buy one's own services might be unfair to other clients. He observed that regional centers should be able to contract with multiple parties, and doesn't know why some regional centers have that barrier. A concern was that families who take advantage of a bill such as SB 468 probably are those who can advocate for themselves or have parents who are more educated or knowledgeable, thus creating an elite status for this group of individuals. Rene also questioned the "cost-neutral" findings of the pilot project if the functions already in use by the regional center are being duplicated, i.e., facilitators and fiscal agents vs. our accounting department; employee related services vs. our HR department; extensive oversight by a local advisory committee vs. our Board of Directors.

Fernando Gomez introduced the ARCA perspective. As a document addressing the concerns just mentioned by Karol and Rene, ARCA has decided to take a "watch-watch" position. Rene suggested that if ARCA agrees with the bill, it means they are a failure, by admitting that they cannot provide services.

Mary Lou Stusser added that every service provider in the self-determination program must be vendored, and that there were other hurdles to overcome with the Feds funding such a program as well.

Judy Mark addressed the above concerns—that the bill will allow the choice beyond vendors. It will supersede recreational programs which were prohibited. One develops one's own plan and budget. One can bring in the independent facilitator (for example, low-income families). Some individuals in the pilot program are cost neutral or cost saving. Every dollar must be matched by the Waiver. It is projected to bring \$3.2m into the system.

Chris Arroyo of Area Board 10 stated that Rene made a good point. If people are not getting what they need, the regional center is failing them. If so, this bill is the answer.

Rene Rivas invited the Board to vote on whether or not to support SB 468. Bob Steiner suggested that we first consider how to reconcile ARCA's wait-and-see approach. Fernando Gomez stated that there is a lot that needs to be changed in the bill before implementation. Mike suggested that we vote on "468 with amendments as approved by ARCA. Discussion ensued. Mike Danneker noted that here at WRC we do not need such a bill, but it is needed in other centers in the system.

M/S/C TO SUPPORT SB468 WITH AMENDMENTS AS APPROVED BY ARCA.

The vote: 7 in favor, 4 abstain, and 1 opposed.

INTRODUCTION OF GUESTS: Guests were welcomed and invited to introduce themselves.

CHAIRPERSON'S REPORT: Rene referred to a Conflict of Interest statement and supporting documents which were distributed to each director. It needs to be completed and mailed to the HR department as soon as possible.

M/S/C TO APPROVE THE MINUTES OF JUNE 5, 2013

COMMITTEE REPORTS:

FINANCE: Courtney Colman reported that the fiscal year end is June 30th, and that it takes a few months for all bills to come in. At 92% of the year Operations is at 90% of budget, and POS is at 93.1%. There is an overage of \$5m in POS which will be covered over the next few months through adjustment.

Courtney next reported on the account activity in the Vanguard Group concerning our post-retirement medical fund. \$740k of the \$1,480,000 has been invested—40% in bonds and 10% in stock. The plan is to transfer 10% into stock every month for the 5 remaining months.

WRC's contract requirement is that any contract over \$250k be approved by the WRC Board. Courtney moved that we approve the following:

M/S/C

TO APPROVE THE CONTRACT WITH NATIONAL MENTAL HEALTHCARE IN THE AMOUNT OF \$752,100 AND COMMUNITY INTEGRATION WORK PROGRAM, INC. IN THE AMOUNT OF \$473,442.

ACHIEVABLE: Erin Fox reported. They are working hard toward opening the community clinic, and getting their number and licensure. A grant of \$250k, to be allocated over a 5 year period, was received from the Federal Department of Child and Maternal Health. Nathalia Jimenez has stepped down as Operations Director, and they are in the process of hiring a replacement. Achievable has three new board members: Ereida Galda, Cary Griffiths and Rayvonne Douthard of Peer Mentors.

The Baker Camp Scholarships of \$60k has been distributed to 58 applicants, 31 of whom are from Lanterman RC.

Future events are in the planning stage: A grand opening for the clinic, and a clinic website; and a second opera event in March of 2014 at the Santa Monica Bay Women's Club.

CLIENT ADVISORY COMMITTEE (CAC): Joseph Allen delivered the CAC report. CAC members are continuing their volunteer work totaling 365 hours for the period, visiting senior centers, churches, Meals on Wheels, consumer awareness, promoting advocacy and functions, and health screenings. They attended fairs, seminars, have gone bowling, and participated in other activities. CAC members attended a meeting focused on how regional centers handle their services. They participated in June-teenth, an event celebrating the end of slavery.

POLITICAL ACTION: Nilo Choudhry reported. WRC held a series of three Town Hall meetings in June for our community regarding disparity and the statistics that were provided by DDS pertaining to funded services as to ethnicity, age, language, etc. The first meeting held on June 12th in the morning, was conducted in English and had 12 attendees. The second meeting held on June 12th in the early afternoon, conducted in Spanish with English translation, had 17 attendees. The third meeting, conducted in both English and Spanish, was held on the morning of June 15th and had 26 attendees.

Mike explained the statistics that were provided by DDS and the history of the disparity issue for the last 30 years. The statistics indicate that the Hispanic population constantly underutilizes the available services at regional centers throughout the state. The meetings were then open for comments/questions. Most of the input centered on enhancing communication and information sharing. Most agreed WRC is the best regional center and were glad to be a part of it.

As a follow up to one suggestion, WRC plans to develop a small, committed and focused task force, with no more than 10 individuals of diverse backgrounds and constitutioncies to continue the dialogue. This task force would attempt to develop plans/services/outreach to help alleviate some of the issues. The Political Action Committee would be involved.

A full report will be issued to the community before August 15th, and is to be sent to DDS, ARCA and appear on the WRC website. Mary Lou Stusser, has prepared a brief preliminary report from the June disparity meetings.

CLIENT SERVICES COMMITTEE: Karol Scotta reported that the committee discussion focused on the recent disparity reports as well, and the various facets of the situation. They also discussed the recent change in law regarding insurance co-pay. It will affect families whether high or low income, but will not hit those at mid-level. They are moving forward with the program design at West L.A. College.

One Spanish-speaking family has requested more education. Starting in September, we will offer a program to Spanish-speaking families.

SERVICE PROVIDER ADVISORY COMMITTEE: Karol Scotta reported that Denise Fernald provided sexual harassment training. The technical assistance provided by WRC makes her so proud. Carmine Manicone and Mike Danneker also helped. Day programs have a sports league, including kick ball, baseball, and bowling.

ARCA: Fernando Gomez reported that his name was added to the slate of nominees, and he is now ARCA President. He reported that he really believes that the ARCA Director, Eileen Richey has done an amazing job. We have concerns about ARCA's relations with DDS, but there have been no major flare-ups. She and her team have done an incredible job. They have approved in concept the ARCA Strategic Plan, now in motion, to take us through 2016. Based on seasonal funding and quality assurance, there is clear direction.

The ARCA Executive Committee will hold its next meeting at WRC on July 18th.

For the first time in the history of the system there are more ARCA board delegates than executive directors. Rene volunteered for those present to help Fernando in his ARCA efforts.

WESTSIDE FAMILY RESOURCE/EMPOWERMENT CENTER (WFREC): Liz Spencer reported that they are partnering with Team of Advocates for Special Kids and offering a workshop on July 17th which will introduce the iPad and iPod Touch. The workshop is entitled APPsolutely Amazing. Further information will be on their website.

DIRECTOR'S REPORT: Mike Danneker reported that the budget has passed. There is an increase of 8600 clients and \$266k in the system. This year there are \$151m new dollars in POS—\$116m is because of caseload growth and \$1.2m because of a payment reduction that has sunset.

Mike reported on a diagnostic statistical manual known as DSM5. In it the psychologists have proposed to make one general autism definition, no longer breaking down various categories within the diagnosis. We do not know what that might mean to the system.

The staff has been looking at the possible impact of proposed federal regulations regarding overtime. We have also been concerned about the change in rates to intermediate care facilities, for example, IHSS rates have been reduced by 8%, which could be catastrophic to us. It will mean dollars to the RC system. Another new issue for families receiving OT, PT and speech therapy concerns insurance co-pay for behavioral medical expenses. The issue is compounded because families are reluctant to produce the required verifications of income. In extraordinary circumstances, regional centers can provide the co-pay.

A committee is studying and making recommendations concerning the future of the developmental centers. There are 21WRC clients remaining in a DC. The L.A. Times previously published a negative article on persons being abused in DCs. Each DC client costs the state \$400k annually.

The Medicaid Waiver audit report was glowing, and those in Mary Lou and Debra's departments who worked in this area did a fine job.

WRC will offer new board member training in September, and we will poll those interested for the best date.

OPEN AGENDA:

Nilo mentioned some local free events: Culver City Disability Film Series highlights on Sunday, July 21 at 4 p.m., the story of an inspiring dancer who, after major cancer surgery, continues to dance beautifully with one leg. Also, there is a series of free local concerts in July and August at the Culver City Hall Courtyard Thursday nights at 7 p.m.

M/S/C: TO ADJOURN THE MEETING

The meeting was adjourned at 7:40 p.m.

The next public meeting date will be **Wednesday**, **September 11**, **2013** and will begin at 6:00 p.m. at Westside Regional Center, 5901 Green Valley Circle, Culver City, CA 90230.

Nilo Choudhry, Secretary



MINUTES BOARD OF DIRECTORS MEETING COASTAL DEVELOPMENTAL SERVICES FOUNDATION WEDNESDAY, SEPTEMBER 11, 2013

Members Present:

Joseph Allen Chandler, Jr.

Judy Blumenthal Nilo Choudhry Cecilia Fabulich

Dru Garcia-Richardson

Fernando Gomez Sandra Gonzalez Brett Gordon Philip Jackson Lynn Krupp

Portia Griffith Lane

Gail Louis Rene Rivas Jack Rose Karol Scotta Bob Steiner Ron Williams



Absent:

Courtney Colman and Priscilla Hoe

Staff Present:

Linda Butler, Mike Danneker, Denise Fernald, John Hunt, Danise

Lehrer, Debra Ray, Liz Spencer, and Daisy Marks

Guests Present:

Zakir Choudhry, Laurene Feldan, Paula Hilton, Bo Huang, Marcia James, Esther Kelsey, Babak Kamjou, Barbara McCants, Robert Martin, Christine Monroe, Sandy Rubenfeld, Todd Rubien, Robert Schwartz, Alejandro Soschin, Achievable Staff, and Russell

Tanner

At 6:00 pm the Directors and guests went on a tour of the new headquarters of the Achievable Clinic—an uplifting experience.

PRESENTATION: After the tour Alejandro Soschin presented the Achievable video which explained the purpose and function of the Clinic. Alex included an Achievable update. The film featured Drs. Mark Benor, Alicia Bazzano and Ari Zeldan who will be the primary medical personnel. Clinicians will treat families and have Spanish-speaking capabilities as well.

The Clinic is looking to open by the end of the month. The staff is awaiting the final inspection by the State Department of Health to get the community clinic license and MediCal number. Once the MediCal number and license approval are received, anyone

on MediCal may use the clinic. Dr. Benor and Francisco Cacho are leading the charge to get everything ready for clients and families.

Achievable is waiting to hear if they are among the recipients of the FQHC New Access Point grant and designation this month. Although very competitive (like the HRSA \$250k grant awarded them this summer), they feel they have submitted a strong proposal. A total of over \$400k in grants is currently being considered by potential funders.

New members to the Achievable Board include Ray Duthard, Ereida Galda, Carrie Glaspie-Griffis and Russell Tanner.

Danise Lehrer provided a copy of a position description, and announced that Achievable is searching for a part-time development director.

Chair Rene Rivas called the meeting to order at 6:38 p.m.

INTRODUCTION OF GUESTS: Guests were welcomed. New Board members Sandra Gonzalez and Philip Jackson were introduced. Sandra began her career working with special needs persons and now is with the Los Angeles County Office of Education. Dr. Jackson is the retired Dean of the University of Cincinnati's School of Social Work, and his son is a client.

CHAIRPERSON'S REPORT: No specific report. Rene called attention to the Performance Contract Draft in the folders for Members to read at their leisure. Mary Lou Stusser announced a public meeting on Wednesday October 2, 2013 at 10:00 AM. This notice is on the WRC website and will be sent out to the community.

He called on Denise Fernald, Director of HR, who assisted Board Members with Conflict of Interest statements, because there were some misunderstandings reported previously. At the end of the meeting Denise turned over final COI statements to Nilo Choudhry to sign for Board approval.

M/S/C

TO APPROVE THE SECRETARY'S SIGNING APPROVAL OF THE CONFLICT OF INTEREST STATEMENTS.

M/S/C

TO APPROVE THE MINUTES OF JULY 10, 2013

COMMITTEE REPORTS:

FINANCE: Rene reported that at the end of the year WRC was \$4m over budget. We will be getting that money in a few months as the state adjusts the budget. We are about mid-level when compared with deficits of the 20 other RCs. We are just at the start of the fiscal year—about 8% through. We may be heading for a small over-run once again. As long as we get reimbursed by the state, we will be all right. Rene moved the following:

M/S/C

TO APPROVE THE CONTRACTS WITH WEST BAY HOUSING

CORPORATION FOR THE ACQUISITION AND RENOVATION OF A NEW PROPERTY IN THE AMOUNT OF \$250K AND \$300K RESPECTIVELY.

Karol Scotta abstained.

CLIENT ADVISORY COMMITTEE (CAC): Joseph Allen delivered the CAC report. CAC members are continuing their volunteer work totaling 458 hours for the period. Many of their interesting activities were described. They will participate in a memorial project to honor 5,000 individuals who died while in state institutions and were buried in unmarked graves.

They will attend the Supported Life Conference. Its program is very intensive.

POLITICAL ACTION (NOW INCLUDES DISPARITY COMMITTEE):

Nilo Choudhry reported. There is a local election slated for September 17th for State Senator in the 26th Senate District—the seat formerly held by Curren Price, now on the City Council. Holly J. Mitchell, of the 54th Assembly District, is running for that office. If elected, her seat in the Assembly would be empty. Mark Ridley-Thomas' son, Sebastian Ridley-Thomas, has been actively campaigning for that seat. Chris Armenta, former Culver City mayor, is also in the race. That election will be held Tuesday, November 19th.

DISPARITY COMMITTEE: Nilo reported that after WRC held three public meetings in June to discuss the state's disparity report findings, it was decided to form a committee to develop strategies for improving the findings. They also more closely examined the statistics provided by DDS.

The committee is looking at what the RC does in terms of services and support and what can be done differently. The group will review the public meeting input and take a closer look at what the public had to say. They will meet again next month.

CLIENT SERVICES COMMITTEE: Judy Blumenthal reported that they heard an update about the West L.A. College project. They have identified 9 interested candidates. They will follow-up on why some of those individuals did not come to a meeting. They hope to provide a strong group for the winter semester. Some members feel positively about a face-to-face interview with the potential clients.

Under new business they discussed difficulty with new insurance legislation concerning deductibles and copays. As of July 1 WRC will no longer be paying deductibles. Further, in future all clients, not just those with autism, must access their insurance for certain services. Criteria (income level, relation to poverty level, number of individuals in family, etc.) have been established regarding copays, i.e., those families making more than 400% above the poverty level will not be reimbursed for copays. The Service Standards will be adjusted to reflect these changes prior to the next meeting.

SERVICE PROVIDER ADVISORY COMMITTEE: Karol Scotta reported that the committee did not hold an August meeting.

ARCA: Fernando Gomez reported that ARCA met on August 16th and discussed SB 468 (concerning self-determination), and changed the status from watch-watch to watch with amendments. Some areas have not yet been addressed. Much of the meeting concerned that topic.

The ARCA finance committee met with Terri Delgadillo and put together an overview of concerns, which they discussed. Eileen Richey of ARCA was also present. Communication between Eileen and Terri shows improvement. Terri was open and candid.

Terri Delgadillo gave notice of early retirement by the year's end. She single-handedly helped keep the system together. We don't know what that means as far as her replacement is concerned. A letter was sent to her on behalf of ARCA. Fernando suggested that WRC might want to acknowledge her contribution as well.

Fernando will provide documents giving information of all ARCA committees and a chart for ARCA staff, with a description of their roles and responsibilities.

Fernando announced that Sunday, Sept. 16th at 6:30 pm The First Annual Exceptional Ability Awards will take place. On Thursday, September 19th the ARCA Executive Committee will meet at WRC.

WESTSIDE FAMILY RESOURCE/EMPOWERMENT CENTER (WFREC):

Liz Spencer reported that they are partnering with Team of Advocates for Special Kids and offering a second workshop on September 18th which will offer training for parents and care providers about apps for the iPad and iPod Touch. The workshop is entitled APPtastic Adventure. Further information will be on their website. Liz stated that they hope to partner with this group and continue offering such workshops throughout the year.

DIRECTOR'S REPORT: Mike Danneker reported that WRC had received a letter from Dr. Lou Vismara, consulting physician to Senator Darrell Steinberg, Office of the President Pro Tempore, requesting information about our experience with deductibles, copays, and related areas concerning SB 946 and AB 89 insurance legislation. The staff met to gather important feedback and suggestions to improve upon that legislation.

Mike stated that he was glad we supported SB 468, which was under discussion at our July Board Meeting. It is likely to pass. It will not explode, but will change the system somewhat.

Mike devoted the balance of his report to describe housing acquisitions and rehabilitation WRC has begun. Homes offer specialized medical and behavioral supports and 24 hour

support/care. WRC is working with HOPE, from Harbor RC, and the West Bay Housing group under Bill Pickles, who has opened an office locally. We are requesting 7 properties this year. At present we house 37 clients in 11 properties and are developing one more. Much of this is to serve those released from Lanterman DC. The housing corporations that we work with have their own maintenance people. As West Bay's inventory grows, they experience more careful scrutiny. We are developing adolescent and young persons' homes to avoid our people from having to go out of state. We are building a crisis type transitional home for DTS (Difficult to Serve) clients.

The Junior Blind is a school with living options located in the South Central RC area. They chose to have 6-person homes (as compared with WRC's 3-4 person homes). We are the only regional center in Southern California to have a family teaching home.

OPEN AGENDA:

M/S/C:

TO ADJOURN THE MEETING

The meeting was adjourned at 7:35 p.m.

The next public meeting date will be **Wednesday**, **November 6**, **2013** and will begin at 6:00 p.m. at Westside Regional Center, 5901 Green Valley Circle, Culver City, CA 90230.

Nilo Choudhry, Secretary



MINUTES BOARD OF DIRECTORS MEETING COASTAL DEVELOPMENTAL SERVICES FOUNDATION WEDNESDAY, NOVEMBER 6, 2013

Members Present:

Joseph Allen Chandler, Jr.

Judy Blumenthal Nilo Choudhry Cecilia Fabulich

Dru Garcia-Richardson

Fernando Gomez Sandra Gonzalez Brett Gordon Priscilla Hoe Philip Jackson Lynn Krupp

Portia Griffith Lane

Gail Louis Rene Rivas Jack Rose Bob Steiner Ron Williams **ORIGINAL**

Absent:

Courtney Colman and Karol Scotta

Staff Present:

Lisa Basiri, Linda Butler, Mike Danneker, Denise Fernald, Ereida Galda, John Hunt, Danise Lehrer, Barbara Marbach, Soryl Markowitz, Liz Spencer, Mary Lou Stusser, and Daisy Marks. Nubia Macias and Alejandro Soschin, Achievable Staff

Guests Present:

Zakir Choudhry, James Devine, Marcia James, Esther Kelsey, Barbara McCants, Robert Martin, Carlyn Meshack, Christine Monroe, Norvelda Row-Maiden, Sandy Rubenfeld, Todd Rubien, Robert Schwartz, Allan Smith, DDS and Russell Tanner. (Other guests: See those honored below.)

Board Chair Rene Rivas called the meeting to order at 6:15 p.m. Guests were asked to introduce themselves.

PRESENTATION: Liz Spencer gave a glowing introduction and awards to the following Family Resource and Empowerment Center honorees:

Jim Divine, Fran and Jim Goldfarb, Victor H. Saavedra, Jennifer Hernandez, Martha Montealegre, Maria Soto, Frances Gomez, Claudia Palomo, Elena Bustamente, and Leticia Antonio. Those honored in absentia: Miriam Stein, Terry Mulugetta, and Tia Maria Smith.

These are the unselfish volunteers who facilitate their support groups—Asperger Syndrome Parents Support Group, Westside Tigers, Westside Parents Share Group, Siempre Amigas and Alianza de Familias Especiales. These are the individuals who have chosen to share their path and their life, supporting countless bewildered new parents or parents in various stages of their child's transitions through therapies, education, insurance dilemmas, etc.

PRESENTATION: Mary Lou Stusser ran through the Performance Contract prior to asking for Board approval. Our numbers in the DCs have increased, not because we are not moving individuals into the community, but to the contrary, families outside the area are so impressed with the success of our CPP Housing, that they have moved their loved ones into our area in order to become eligible for our community housing. WRC's supported living and independent living numbers exceed the statewide average.

M/S/C TO APPROVE THE PERFORMANCE CONTRACT.

M/S/C TO APPROVE THE MINUTES OF SEPTEMBER 11, 2013

CHAIRPERSON'S REPORT: No specific report. Rene requested volunteers for committees, and circulated a committee list. Everyone is expected to participate in at least one committee. He also circulated a list of board members addresses for board to review for any updates.

COMMITTEE REPORTS:

FINANCE: Rene reported that at 25% through the fiscal year Operations looked good, but POS is struggling a bit. While there may be an overrun, we will try to manage it.

The committee discussed the Post-Retirement Trust Fund which is to provide payments for the medical insurance should the state not cover our retirees' insurance in the future. 90% of the funds are invested in stocks and bonds at Vanguard. The remaining 10% will be moved to a stock fund at the end of the month. The target allocation for the entire trust fund is 60% in stock and the remaining 40% in bonds. The fund has grown \$50k since February/March of 2013.

ACHIEVABLE: Nubia Macias reported that the Clinic opened September 30th. Fortytwo patients were seen, and the generated income exceeds \$5k. She thanked the many who attended the ribbon-cutting event on Monday, which was held to honor the major donor entities. They celebrated the clinic's being in operation and serving our clients. There will be more client and vendor events in the future.

Achievable received \$62k in grants from the JL Foundation, the Daniels Fund and the Carl E. Wynn Foundation. However, more funding is needed to keep the clinic open until it becomes self-sustaining through patient revenue.

The Achievable Newsletter will be out later this month with new marketing materials, which include a new clinic website (achievableclinic.org). Carrie Griffis, "Old Skool

Winter Jam" was announced for this week, all proceeds going to the Achievable Foundation.

Following this report, Alex Soschin related a heart-warming story from the mother of a client whose adult son, a client, had such a non-threatening visit to the clinic—in contrast to past medical exams which required two to restrain him—that the client voluntarily took a portion of the money he had saved for holiday shopping and donated it to the clinic. Rene Rivas commented that his daughter was recently at the clinic for a visit and it was the "best medical experience we have ever had."

The status of the licensing has been approved by the state, and the clinic has submitted paperwork to the federal government for federal licensing. This will allow Medicaid payments.

CLIENT ADVISORY COMMITTEE (CAC): Joseph Allen delivered the CAC report. CAC members are continuing their volunteer work totaling 683 hours for the period. Many of their interesting activities were described, which included Meals on Wheels, emergency preparedness meetings and Town Hall meetings. They attended the Auto Museum, a food tasting event—A Taste of Soul in LA, visited the old Farmers Market, and gathered for walks along Ballona Creek in Culver City.

CAC members attended Autism Speaks, an organization for autism research and treatment. Participants asked questions about operating costs. They saw clients participating in art projects at LA Goal. Some members attended emergency preparedness activities at Westside Center for Independent Living.

About 15 clients or so attended the Supported Life Conference, held October 9-11 in Sacramento. One helpful workshop dealt with bullying and how to protect oneself from bullies.

POLITICAL ACTION (NOW INCLUDES DISPARITY COMMITTEE):

DISPARITY COMMITTEE: Nilo Choudhry reported that the committee decided to develop pamphlets for the public addressing services for the various ages of transition from early childhood through adulthood. Community Services department will be charged with preparation of the pamphlets. The group emphasized the importance of listening. The committee will meet again in November, and will include Service Coordinator input concerning why some families are not using the services for which they are eligible. A public meeting will be held in December to further the quest of reasons for the disparity and to shed more light on how to deal with the situation.

POLITICAL ACTION COMMITTEE: Nilo Choudhry reported that the recently passed SB555 would require regional centers to provide copies of the IPP or IFSP in one's native language, for which the costs are expensive and could become prohibitive. Verbal translations differ from written ones, and involve a different set of skills. There are 40 or more different languages among our consumers.

SB468, concerning a Self-Determination program, recently passed. It will need to be added to a state plan amendment or on the Medicaid Waiver so it can receive federal dollars. Since redistricting has affected some of our legislators, they are working to update that list.

They are looking at the funding of the wage and benefit impact in four general areas: Minimum wage, supervisory staff who currently earn more but might see their wages compressed, federal overtime regulation changes, and the Affordable Care Act.

A letter was sent from the Lanterman Coalition to 16 major stakeholders in the CA developmental disability community because of the minimum wage impact, which will affect service providers, clients, etc.

Some workshops employ individuals at sub-minimum wage. This will impact our clients, who fall into this category, and many will no longer be able to continue these jobs.

CLIENT SERVICES COMMITTEE: Judy Blumenthal reported that they talked about the co-pays for insurance, the legislation which has passed. We had to make some changes to our Service Standards. We had been directed to actually look at and enter statements regarding payees and deductibles. For co-pays for insurance, the standards will be those with income below 400% of the poverty level—for which WRC will pay the co-pay. Above that WRC will not pay. (Exceptions, i.e., catastrophic need, appeals, etc.) They are looking at speech, behavior, OT, PT. The prior Service Standards had no criteria for co-pays. Representing the committee, Judy asked for board approval to add these changes to our Service Standards.

MSC: TO APPROVE CHANGES TO OUR SERVICE STANDARDS
REQUIRED BY AND CONSISTENT WITH NEW LEGISLATION
REGARDING INSURANCE CO-PAYS AND DEDUCTIBLES

In response to a question as to whether the new Affordable Health Act would affect this legislation, Judy responded that in general there should be no impact. One exception might be families who have \$10k deductibles.

They heard an update about the West L.A. College Intern program. They are proceeding with that. They have identified a number of potential candidates, and plan a December 4th meeting at WRC to interview them, after which we hope to have students in place with their supports for the spring/winter semester. Any college age individual at WRC who might be interested in attending college, and for whom we can provide sufficient supports to make that person successful, would make a great opportunity on which to move.

SERVICE PROVIDER ADVISORY COMMITTEE: No report. Karol Scotta was absent.

ARCA: Fernando Gomez reported that he met with Secretary Diana Dooley of the state Health and Human Services agency today, in response to a request from ARCA to give input concerning the search for a new DDS Director to replace Terri Delgadillo. Present also were the undersecretary and assistant secretary of the agency. They mentioned attributes such as leadership skills, public policy vision and experience with developmental disabilities system and a collaborative approach. Secretary Dooley was very open and he is confident that she will select a strong candidate. Terri Delgadillo was an amazing advocate for the Lanterman Act and entitlement. One comment he felt positive about was that they are taking the approach with fresh eyes. Many times during Delgadillo's time in office other stakeholders sought DDS's share of the budget and she pushed them away.

There are three categories of candidates Secretary Dooley is considering: a seasoned state leader (a politician inside the horseshoe), a current regional center director, or somebody from the provider arena. She has been interviewing. ARCA, by design, did not submit any names. They merely wanted her to be clear about ARCA's expectations.

ARCA also discussed a survey on Eileen Richey's annual performance. She was actually asking for it, to evaluate her success. Fernando reported that he thought she had been doing a phenomenal job, and the survey bears that out.

Fernando Gomez then discussed Disney's change in policy concerning those with DD visiting the park. Those changes will be further discussed at ARCA.

WESTSIDE FAMILY RESOURCE/EMPOWERMENT CENTER (WFREC):

Liz Spencer announced a group training on Friday by Nora Baladerian, Ph.D. concerning "Rules of Sex." The workshop is for parents, caregivers with children with DD, and anyone interested is invited to bring lunch and attend an informal question and answer session.

On December 2nd they are partnering with TASK in time for Christmas, and they will give a toy tips workshop how to adapt toys for children with special needs. Now is the time to make requests for Disney tickets. Until November 20th Parents will be put on the list and Disney will contact them by email, and give the information about the purchase of a one-time ticket. Families may request up to 6 tickets. There are 5 weeks from which to choose on a first come/first serve basis. Fernando added that the Disneyland experience is nowhere near what it used to be, as a result of the recent policy changes to the disabled visitor program.

The annual toy drive for unwrapped toys is in December. Toys are especially required for children over 12: DVDs, sports equipment, etc.

DIRECTOR'S REPORT: Mike Danneker reported that the board training went quite well. Nilo added that it was an extremely positive experience and cited the leaders of the various departments, with whom she was very impressed.

Mike attended a CPP Open House for the residence on 64th Street for medically fragile individuals. The facility is all high-tech, and beautiful. Mary Lou's team has renovated the home and you would be dazzled by the results.

WRC is in the process of renovating about 1300 sq. ft. on the first floor of this building, which will house Clients Rights Advocate and the psychiatrists. Then the Achievable Clinic will move into CRA's vacated offices.

Earlier this week we forwarded a paper from John Popadek of ARCA, which is the best document Mike has seen on Funding the Regional Centers. The reading is highly recommended.

Mike alluded to a seasonal token gift of a bundt cake and a framed photo of the board taken at the Annual Meeting last June.

Mike announced Daisy Marks' retirement. Daisy received a standing ovation flowers and warm thanks for her many years of loyal dedicated service at WRC as Executive Assistant to Mike. Rene also cited her work for the board.

OPEN AGENDA:

Victor H. Saavedra gave an emotional account of the help he has received from WRC, Liz Spencer, Bill Feeman, Dr. Bazzano and Roy Carroll to find medical insurance for his Down Syndrome baby daughter's heart surgery.

Portia Griffith Lane thanked the board for the trip to the Self-Advocacy Training.

M/S/C: TO ADJOURN THE MEETING

The meeting was adjourned at 7:35 p.m.

The next public meeting date will be **Wednesday**, **January 8**, **2014** and will begin at 6:00 p.m. at Westside Regional Center, 5901 Green Valley Circle, Culver City, CA 90230.

Nilo Choudhry, Secretary



MINUTES

BOARD OF DIRECTORS MEETING COASTAL DEVELOPMENTAL SERVICES FOUNDATION TUESDAY, JANUARY 7, 2014

MEMBERS PRESENT:

Joseph Allen Chandler, Jr.

Nilo Choudhry Courtney Colman Cecelia Fabulich

Dru Garcia-Richardson

Fernando Gomez Brett Gordon Priscilla Hoe Philip Jackson Portia Griffith Lane

Gail Louis Rene Rivas Jack Rose Bob Steiner



ABSENT:

Judy Blumenthal, Sandra Gonzalez, Lynn Krupp, Karol Scotta,

Ronald Williams

STAFF PRESENT:

Mike Danneker, Bill Feeman, Denise Fernald, Ereida Galda, John

Hunt, Danise Lehrer, Carmine Manicone, Soryl Markowitz,

Kerwind Portillo, Liz Spencer, Mary Lou Stusser, Alex Soschin,

Achievable Staff

GUESTS:

Zakir Choudhry, Nick Coplin, Rayvone Douthard, Ligia Garcia, Paula Hilton, Marcia James, Esther Kelsey, Louis Levine, Robert Martin, Barbara McCants, Jack Nieves, Francisco Pineda, Todd Rubien, Jill Rubinelli, Robert Schwartz, Rick Tani, Russell Tanner, Candace L. West, Pharm.D. (Pharmacist Integrative

Health Care, Inc.), Ryan West, M.D.

Board Chair Rene Rivas called the meeting to order at 6:12 p.m., with well-wishes that a good holiday season was enjoyed by all.

Guests were welcomed and asked to introduce themselves.

CHAIRPERSON'S REPORT: There is no meeting in February. The next meeting will be March 5, 2014. Daisy Marks has retired. Kerwind Portillo will be assisting in the interim until there is a replacement for the Executive Assistant position. Mike Danneker will find a replacement for Daisy when he returns from vacation.

Recent WRC Executive Staff changes include:

Bill Feeman, Director of Client Services, and Carmine Manicone, Assistant Director of Client Services.

DDS has requested a different makeup of the board to include 1 Hispanic and 1 Asian to meet their criteria. If there are any such recommendations or referrals, please let the Board or Board Nominating Committee know.

M/S/C TO APPROVE THE MINUTES OF NOVEMBER 6, 2013

PRESENTATION: Liz Spencer, Ereida Galda and Jill Rubinelli, an educator in the South Bay, who is now working in the Family Resources & Empowerment center, presented feedback on the very successful annual unwrapped toy drive held at WRC in December. Liz Spencer acknowledged all who unselfishly rose to the occasion. These included service coordinators who donated and selected needy deserving families, employees who helped with donations and volunteering, board members who donated and volunteered, many anonymous community donors, client helpers who gave their time, agencies and vendors- everyone, all unbelievably generous.

This year about 80 families were served with approximately 275 children/dependent adults received 800 donated toys! At the toy drive, parents came in to personally select the toys. Each child would receive a large toy as well as several small toys and stocking stuffers. The families were then able to surprise their children later at their holiday celebrations. Families were selected upon recommendation of their service coordinator who considered families with severe hardship. The families were deeply appreciative, and some left in tears. Gift cards, and Ralph's vouchers for turkeys were given as well.

The staff from 24 Hour Home Care, a WRC Vendor, also volunteered. They worked with the Family Resource and Empowerment center every day coordinating, wrapping, and setting out collection boxes. Their help was tremendous.

Two unique families with exceptional hardships received iPads, year-long passes to Knott's Berry Farm (all courtesy of Wells Fargo), and wish lists of clothes, toys, etc.

The mother of one of these families was killed in a tragic accident last year. The father was left with four children, including one with developmental disabilities. The mother had been the family advocate familiar with the developmental disabilities system and the father was left in shock and grief and unprepared on many levels.

COMMITTEE REPORTS:

FINANCE: Courtney Colman reported that at 42% of the fiscal year, the Operations budget looks good, and expenditures will be within our allocation. In POS, we are at 45.6%, which represents a slight over-run. So we are looking at a significant shortfall, as are all Regional Centers. The State is actually looking at a shortfall of 300 million.

The Post Retirement Medical Trust Fund has increased from 1.4 Million to 1.5 Million, an increase of about \$94,000 in approximately 6-7 months. This represents a 6.3% increase. The monies were transferred from money market funds to a 60%/40% split between equity and bonds, which is incredibly conservative. Later this quarter we will find out what part of the \$94,000 was made up by equity and what was made up by bonds.

The Chair added: This money is held in reserve. There is no need to spend it right now. Should the state ever stop paying the medical insurance premiums for our retirees, this fund would be use to pay for those premiums. We would pay those premiums until the fund is depleted. This fund is only for retired employees.

ACHIEVABLE: Alex Soschin reported the new Fall/Winter 2013 edition of the Achievable Newsletter was distributed before the break. With the help of WRC, 8,000 copies were mailed to individuals and families.

Shannon Nelson is the new part-time Director of Development.

Since the opening of The Achievable Clinic this past fall, we have seen about 100 patients so far. This is even before we are able to see clients that are on MediCal, which is a large bulk of our regional center population. Currently, the Clinic is awaiting final approval of federal licensing for MediCal payments. Everyone will be notified when that final approval is received to become a Federally Qualified Health Center. Then we can beging seeing clients that are on MediCal. Right now, the clinic is also open for flu shots and immunizations.

The Achievable team is also working on improving the team. We are looking for operational staff. We've brought in a new doctor that can expand our hours and our coverage, a new pediatrician with experience with developmental disabilities who also happens to be a parent. We are excited, as we hope that the Achievable Clinic, what we do here with help of the regional center, becomes a real blueprint for success across the state. We believe DDS will be looking at us closely this year to see whether we can really make a go of it, can we provide great quality access to healthcare. Can we make sure our clients have a great experience? And can we do it in a way that can be financially sustainable?

As mentioned in the Achievable newsletter, a new Opera event will take place on Sunday April 27, at the Moss Theater at New Roads School in Santa Monica. The acoustics are excellent- the builder is the same one that built Disney Hall. The opera talent includes Shana Dalva, who headlined the first opera event last year. Also participating will be the son of Alex Hernandez, a WRC employee, and others. Bob Steiner noted there are 340 tickets at \$50, with a goal of \$100,000. This is a great evening for a worthwhile cause and even non-opera aficionados will enjoy themselves. Underwriting and sponsorship is needed. They need help with attendance, contributions, support and resources.

CONSUMER ADVISORY: Joseph Allen Chandler, Jr. reported that the committee members have increased their participation in various community events. They closed 2013 with a total of 705 volunteer hours. Their goal this year is to increase the number of hours. They plan to add Heal the Bay, Ballona Creek, and the Eco-Station to their list of places to volunteer.

They have volunteered in some varied different events as well. They have visited and/or participated in the Hollywood Parade, Holiday Walk in Santa Monica, 1/2 mile Buddy Walk and Festival established by the National Down-Syndrome Society, hiking and training stairs at Baldwin Hills Scenic Overlook, Twist Your Dickens play, etc.

The committee unanimously lamented the passing of Nelson Mandela as a leader, civil rights activist and advocate of civil rights for all.

POLITICAL ACTION: Nilo Choudhry reported we are waiting to hear more as the preliminary state budget will come out Friday. This year is an opportunity to have our local legislators become more familiar with what WRC does. Sebastian Ridley Thomas, newly-elected by 60% in a low voter turnout on November 19, 2013, will represent Culver City for the 54th Assembly District vacated by Holly Mitchell, who now represents us in the State Senate.

AB 853 created the unique "teaching home" model where a teaching couple lives on one side and the individuals with disabilities on the other side. Westside is leading the way in this and would welcome an opportunity to educate legislators and their representatives as to what we do for individuals with disabilities in the community. Our next Political Action Committee Meeting will be on March 5, 2013, 5p.m..

DISPARITY: Nilo Choudhry reported the committee looked at fiscal year 2012-2013 compared to fiscal year 2011-2012 data expenditures and services by ethnicity, etc. The numbers improved this year. The committee received input from three service coordinators, representing adult and children units and others. Communication with families and educating families is important.

Community Services is actively looking at written materials to educate and help in communications: organizing day services by specific categories; creating QA brochures, for example, what to look for when seeking a day care program, etc.; defining more clearly categories such as respite, personal attendant, day care, etc.; explaining what services are available at different transition stages of life, such as leaving school to enter the adult world, etc.; putting out a possible RFP for a day care in a particular region if needed.

Ereida Galda indicated parent-to-parent communication is important and as a result of the committee a support group will take place in the evening Thursdays 6:30 - 8:30 pm where about 25 Spanish-speaking parents, mostly moms, will gather to support each other and share information, with childcare being provided.

CLIENTS SERVICES COMMITTEE: None

SERVICE PROVIDER COMMITTEE: None

ARCA: Fernando Gomez reported Terri Delgadillo, California's Department of Developmental Services (DDS) Director, retired in late 2013. We were hoping we would be able to say that we have a newly appointed director by now, given that we are 7 days into the new year. We don't

know what direction the governor is going to go. There is a short list of interested, qualified applicants, including some regional center directors. Mark Hutchinson is the interim Director of DDS until the Governor appoints a new director. We believe once a new director is appointed he will be retiring as well. The position reports to the head of the California Department of Health and Human Services, Diana Dooley.

The next ARCA meeting will be January 16-17. Danise Lehrer will attend in place of Mike Danneker along with Fernando. It will be an opportunity for ARCA attendees to hear first-hand about the accomplishments of the Achievable Clinic.

Fernando has been meeting with a small group that was put together by Terry Delgadillo to follow up and help navigate the implementation of SB 468, the Self-Determination bill, which is now law. Their next meeting will be on January 22nd. Their first meeting took place before the holidays and was to get to know each other. This next meeting will be for creating an action plan.

Conversations with Disneyland continue regarding their DAS Program. Disneyland has replaced the guest assistance card with a Disability Access Service (DAS) Card. ARCA is in disagreement with the implementation of their new policy. ARCA is in ongoing discussions with Disney Executive management. A brief survey to gather input from the community about DAS is still available.

Fernando thanked Liz Spencer and staff for an amazing toy drive.

WESTSIDE FAMILY RESOURCE/EMPOWERMENT CENTER (WFREC):

Liz Spencer reported the annual Family Voices grassroots outreach will take place the second week in February.

Family Voices at our Family Empowerment Center is only one of three in Southern California. They train family members of children with special health care needs to become advocates for health care policy and service improvements. They learn about current legislation, and opportunities are presented for families to meet their legislators and to actively know their voice counts.

EXECUTIVE DIRECTOR REPORT: Mike Danneker reported WRC is looking forward to hosting a visit by Eileen Richey, the ARCA Executive Director and the ARCA Executive Committee. She will be here on February 19th and 20th to tour the Achievable Clinic, residences, programs and meet with WRC Executive Staff.

WRC is currently in good shape in the Operations budget. We were able to bring additional staff, which is positive. Every year the state says we have to have a certain ratio of staff to clients and we've been under. It's been a challenge throughout the years with the state's lack of funding, but we've made some in-roads into that. The Governor's budget is due Friday, January 10th. It is important, as the announcement will tell us which direction and possible approaches California will take in 2014. We are hearing that they are going to be looking into three areas: one, they want a rainy day fund, they being the Governor and some key people; two, a pay down

of bonds/debts that the state has sunk into these past years; three, paying for services that have been cut over the years. This preliminary January budget is 90-95% of the deal, and is later tweaked by the May revise. It is likely Governor Jerry Brown will be re-elected. However, there are some major changes coming: a new director of DDS, a new number two guy whose a financial person, a new California Speaker of the State Assembly with John Perez being termed out, a new State Senate Pro Temp with Daryl Steinberg also being termed out. It looks to be an interesting year.

OPEN AGENDA: No comments.

M/S/C TO ADJOURN THE MEETING

The meeting was adjourned at 6:56 p.m.

The next public meeting date will be Wednesday, March 5, 2014 and will begin at 6:00 p.m. at Westside Regional Center, 5901 Green Valley Circle, Culver City, CA 90230.

Nilo Choudhry, Secretary



MINUTES BOARD OF DIRECTORS MEETING COASTAL DEVELOPMENTAL SERVICES FOUNDATION WEDNESDAY MARCH 5, 2014

MEMBERS PRESENT:

Joseph Allen Chandler, Jr.

Judy Blumenthal Nilo Choudhry Courtney Colman Cecelia Fabulich

Dru Garcia-Richardson

Sandra Gonzalez Fernando Gomez Brett Gordon Priscilla Hoe Philip Jackson Lynn Krupp

Portia Griffith Lane

Rene Rivas Bob Steiner Ronald Williams

ABSENT:

Gail Louis, Jack Rose, Karol Scotta

STAFF PRESENT:

Lisa Basiri, Linda Butler, Mike Danneker, Bill Feeman, John Hunt, Danise Lehrer, Carmine Manicone, Kerwind Portillo, Liz Spencer,

Mary Lou Stusser

GUESTS:

Delores Brown (Institute Maximum Human Potential), Zakir Choudhry, Tony Doogan, Rayvone Douthard, Laurene Feldan, Amy Hilton, Paula Hilton, Leshon Jackson, Marcia James, Esther Kelsey, Adriana Madrigal, Robert Martin, Barbara McCants, Francisco Pineda, Todd Rubien, Victor Saavedra, Robert Schwartz, Allan Smith (DDS), Karen Smith (First Advocate),

Russsell Tanner

Board Chair Rene Rivas called the meeting to order at 6:25 p.m.

Guests were welcomed and asked to introduce themselves.

PRESENTATION

Delores Brown, President and CEO of Institute for Maximum Human Potential (IMHP), presented on a program they call a "pop up market." Mrs. Brown is a community leader and has worked in the human services sector for the last 20 years, including child welfare and community engagement – a voice for keeping children safe. This pop- up market provides fresh fruits and vegetables for under-served communities within IMHP's planning area. They started back in December looking to see how to create their own micro-farms. They developed a partnership with the City of Los Angeles to look at all the ground fields to see if they can convert them into micro-farms.



They are targeting our special needs population in to creating jobs. Thus far they have identified two major sites to start. One site is in San Juan Capistrano and the other is in Hesperia. Along with the City of Los Angeles they have identified 15 sites that are going to be developed and 25 additional private sites.

This presents an opportunity in job creation for individuals with disabilities. They are looking to engage with the organic certified community to certify all the farms and partnering with the universities as well. Some plots are located around Westside's area. The program will mainly focus on creating jobs for the developmentally disabled community but also create opportunities for local residents. More information on the Institute is available on their website.

CHAIRPERSON'S REPORT

Rene gave the tentative dates of the Board Meetings in 2014: Jan 7, March 5, May 7, June Offsite, July 2, September 3, November 5. Dates are subject to change, if they conflict with holidays. A formal memo will go out.

M/S/C TO APPROVE THE MINUTES OF JANUARY 7, 2014

COMMITTEE REPORTS:

FINANCE

Courtney Colman reported that there are no significant changes. Given the months, as of January 31st we are 58% through the fiscal year. Operations wise we have used 55.8% of our budget which is good. Expenditures will be within our allocation. In POS we are over budget as discussed in our last meeting. In POS, we are at 63.2% which represents a slight over-run. There is a 10 Million dollar deficit based on the same level of funding we received last year.

The reserve monies dedicated to the Post-Retirement Medical Trust fund has increased from 1.5M to 1.6M as of December 2013.

ACHIEVABLE

No formal report. The Opera fundraiser has been cancelled.

CONSUMER ADVISORY

Ron Williams reported that the committee members have 107 volunteer hours dedicated to various volunteer efforts such as Heal the Bay, etc. The Special Olympics trainings have begun, with individuals participating in swimming, basketball and track and field. They are expanding their health awareness by attending wellness events and classes at UCLA, etc. They attended the Abilities Expo, the 22nd Empowerment Congress on communities empowered for change held at USC. This was a helpful civic engagement which covered issues such as empowering males, art funding opportunities, health care reform, housing options, sex, drugs, relationships, etc.

DISPARITY

Nilo Choudhry reported. Responding to family requests for more information the Community Services department is developing varied practical informational handouts to further help families. These are intended to help explain specific services and supports. They are also developing a series of family Question and Answer guidelines for families as they approach current or new services, such as behavior intervention, day program services, residential services and supported living services. Mary Lou can furnish these materials via email.

The committee discussed recent disparity data provided by DDS. There will be a Public Meeting to review POS expenditure data on April 2nd, 10:00 a.m. to 12:00 noon. It will be conducted in English with Spanish translation. This committee's emphasis will be family voices. All are invited to attend.

POLITICAL ACTION

Nilo Choudhry reported State Senator Holly Mitchell conducted a Community Cabinet Town Hall, which highlighted the legislative agenda for the local 26th Congressional district. Flyers were shared on services provided by legislators as well as information on an upcoming Covered California live online Town Hall discussion.

This is the second year of the legislative session and the deadline to introduce new bills was in February. ARCA has included the restoration of the Early Start program as part of their legislative platform and is drafting a working document to outline the service provider rate issue. There is a concern that we have a surplus and Ms. Mitchell wants the Governor to release some of this money so it can go to these types of services.

Mandated reporting laws were changed back in July. It is a federal statute that is now requiring that Special Incident Reports involving fiduciary abuse, physical and or sexual abuse, involving our seniors or individuals with developmental disabilities to be reported to the police within 2 hours. As mandated reporters you are now required to report an incident of this nature within 2 hours of knowledge or when you become aware. It used to be a 24 hour window, but they isolated these two types of abuses.

Assembly Bill 40 requires the LAPD to do criminal investigations with certain special incident reporting (SIRS). We are not sure but we believe this bill is piggy backing on the mandated reporter changes.

SERVICE PROVIDER ADVISORY

No report.

CLIENT SERVICE

Judy Blumenthal reported the committee discussed continuing creative efforts to allow interested clients the opportunity to attend college at West LA College with supports. Things have been moving along pretty quickly the last few months. Mary Lou has been in constant contact with the college officials. They are looking into the possibility of grants.

The committee also discussed other important client service issues such as the progress in going paperless, appeals and eligibility requirements. They reviewed new roles in client services, looking at how to create less work for case managers.

ARCA

It has been a busy time for ARCA. Santi Rogers, the former long-time Executive Director of San Andreas Regional Center was appointed as the new director of DDS. He began his new job this week. His was considered an outstanding choice. ARCA had met with Secretary Dooley with the intent on recommending that a former regional center Director would be the better choice.

ARCA has held a Board of Directors' meeting in January and an Executive Committee meeting here at Westside in February. ARCA is in continuing dialogue with Disney management regarding the implementation of the Disability Access card (DAS) system. A letter was sent to

Disney management highlighting concerns with the new system. It included community input previously solicited specifically regarding DAS.

Eileen Richey, the executive director of ARCA, took a tour of WRC and Achievable. She was impressed with the mind-set here at WRC and had nothing but great things to say about the Clinic to a point where we are looking at how ARCA may be able to collaborate and support and expand on the resources for the Clinic so its doors remain open. If successful, it would be something that can be replicated across the state and other regional centers.

Danise was invited to attend the January ARCA Directors' meeting to present on the Clinic. The presentation was well received. There was positive feedback on Achievable's hard work. Other regional center directors expressed interest in replicating such an endeavor.

Fernando will speak at the March 14 "2-1-1" L.A. County luncheon as a Parent-Advocate of the community and will be on a panel as a Parent-Advocate at the Way Forward conference in April as well. The conference will showcase individuals from other states who have similar types of infrastructures in place.

Los Angeles will be the host city for the International Special Olympics this coming July. They are expecting 7,000 athletes, over 3,000 coaches representing over 170 countries. This will be a 9 day event with 25 events planned. They are expecting over 30,000 volunteers.

There are plans to meet with the Ford Motor company's Chief Futuristic Officer, Cheryl Connelly, to identify future opportunities. They will discuss mobility for our special needs population. There has been good dialogue so far. Fernando hopes that this yields some positive outcomes on a national level and perhaps on the international level with Ford.

WESTSIDE FAMILY RESOURCE/EMPOWERMENT CENTER (WFREC)

Liz Spencer reported the annual Family Voices grassroots outreach took place the second week in February. Family Voices is one of the older national grassroots organizations specifically dealing with children with intensive health care needs. They met all day with legislators and important health care professionals including Senators Holly Mitchell and Ted Lieu, Assembly members Sebastian Ridley-Thomas, Ian Calderon and Tom Ammiano as well as the CEO of the California Children's Hospital Association.

There are multiple systems of care in California that are not working well together. Provider networks are shrinking and there is a lack of specialists and pediatricians. Families are force to travel long distances for care. The bottom line, for children in California with extraordinary healthcare needs, nothing is working. Some families are choosing to keep their private insurance to cover their family member with a disability. At times it takes months to get an appointment. Costs for these families have risen to \$385 per month since Covered California came in.

We don't know who to complain about these short comings. We don't know if it is enough to talk to Holly Mitchell. It's been a subject of conversation among legislators but it has not been publicized in the media. Liz will keep us updated. Meanwhile, families are grateful the Achievable Foundation and the Clinic are here.

REPORT OF THE EXECUTIVE DIRECTOR

Mike Danneker reported the Way Forward conference will be coming up in April and will be held at the Marriott in Manhattan Beach. WRC has 6 allocated spots. If anyone is interested, let him know.

Eileen Richey, head of ARCA, was very impressed with the tour of WRC and our ongoing developments throughout our community. She was taken over to the Achievable Clinic and the new homes we've developed for our CPP clients exiting the developmental centers. The tour included the Peer Mentors and Performing Arts Studio West, run by John Paizis, a vendor who has been able to get 1,600 clients hired for real paying jobs in the entertainment industry.

Eileen met with our Executive Staff with our intention of having her understand what makes WRC so special and different. We impressed upon her that WRC at its core is primarily a social services agency, combining heart and passion for our clients. Other regional centers are run like businesses. As a social services agency our clients are our number one priority and business is secondary. This makes an incredible difference in our service delivery to our clients, and it works.

Mike lauded Santi Rogers as an interested, intelligent, generous, and outgoing leader – a terrific and bright guy. He was on Mike's statewide Housing Committee. They know each other pretty well. Mike has also invited Santi to visit WRC, our board meetings, and the Achievable Clinic. He's also put out to him about getting some help to keep the Clinic going through its initial phases. Santi is interested and that's a good sign.

Mike thanked Alan Smith, who has served as the DDS liaison at WRC meetings for many years. DDS has been going through some reorganization. There are only two liaisons now, and Alan explained the liaison assignments will now be reassigned differently and based on 4 geographical locations.

Regarding the budget, we received basically what we received last year. We were given an extra few dollars for growth. The budget is better now versus the past 4 years when we were getting hit with cuts.

WRC was down 18 Service Coordinators according to client to service coordinator ratios. We've added 5 new Service Coordinators plus replacements and we hope we can add 5 more for next year. Since we get federal funding through Medicaid waiver we are required to maintain a ratio of 1 to 62. We are short about a dozen service coordinators and caseloads currently are about 1 to 80, 1 to 85. We'll see what happens with the new budget in July. It looks decent coming out the gate. It doesn't look like they are going to hit us again like in the past.

Mary Lou Weise-Stusser noted the Developmental Centers are downsizing significantly. Today the Department handed out 495 pink slips to the Lanterman Developmental staff. So the closure is happening. We think about 293 more will be gone by July and the rest will trickle out. We would have placed all of our people comfortably by June 30.

Since 2008, WRC has placed a total of 52 people with intensive health care needs as part of the Community Placement Plan (CPP). We now have 15 CPP properties. People like to come to Westside and we actually have people waiting because there is one home that is not yet finished. Other regional centers and those families will not place in other areas. They want to place in our area. Staff is doing a great job, and we have a lot of happy families. The homes in the community are beautiful.

There will be an Open House in April and a flyer will go out for a home serving those with behavioral and severe medical needs. The home was designed for an individual who cannot put anything in her mouth because her gastric system is all shot. There are 4 homes in the Ladera

area and 2 family teaching homes as well. We are the only ones in southern California doing the family teaching home. It involves having a duplex. We have the teaching couple or family living in one unit and 2 to 3 clients living in the other unit. Each unit has their own kitchen, bathroom, and living area, but there is a door that connects both units. The teaching couple is there so that they can work with our clients in their own home. Also there is an 853 home to open in May or early June.

OPEN AGENDA

Portia Griffith Lane mentioned Karol Scotta is not here because her brother is ill.

Fernando passed around a letter that was sent to Disney management about their DAS card. The letter went out on February 6th. He encouraged everyone to read it because it kind packs a little bit of a wallop. It's not a knockout punch but it was designed to be a little more forceful. Some board members commented that it was a marvelous letter. It's a good example of how to position ourselves in a positive way. As a result Fernando got a call back from Disney Resorts' Vice President John Starbeck. And he now wants to have dialogue and talk about how we can work together.

Karen Smith, a parent, expressed her dissatisfaction, frustration and concerns after attending the health summit in Sacramento. She has a 3-year old with Down's syndrome and medical issues. They pay an additional \$300 a month to keep their child on their private insurance. There are difficulties communicating between different departments, and cost issues.

Karen expressed her dissatisfaction with the implementation of the new Disneyland DAS program and specifically the business-like system and treatment of individuals with disabilities and their families. Repeated inquiries about the disabilities by Disney staff, etc., come off as insensitive to the clients and families. Paula Hilton encouraged writing letters to decision makers about concerns. The goal is to keep our clients healthy, safe and independent as possible. Karen felt the services at WRC are priceless.

M/S/C TO ADJOURN THE MEETING

The meeting was adjourned at 7:40 p.m.

The next public meeting date will be Wednesday, May 7, 2014 and will begin at 6:00 p.m. at Westside Regional Center, 5901 Green Valley Circle, Culver City, CA 90230.

Nilo Choudhry, Secretary

ORIGINAL

MINUTES BOARD OF DIRECTORS MEETING COASTAL DEVELOPMENTAL SERVICES FOUNDATION WEDNESDAY MAY 7, 2014

MEMBERS PRESENT:

Joe Allen Jr.

Judy Blumenthal Nilo Choudhry Courtney Colman Ben Davidson (SPAC) Dru GarciaRichardson Fernando Gomez Priscilla Hoe Philip Jackson

Gail Louis Rene Rivas

Karol Scotta (SPAC)

Portia Griffith Lane

Bob Steiner

ABSENT:

Cecelia Fabulich, Sandra Gonzalez, Brett Gordon, Lynn Krupp,

Jack Rose, Ron Williams

STAFF PRESENT:

Lisa Basiri, Mike Danneker, Bill Feeman, Denise Fernald, John

Hunt, Danise Lehrer, Carmine Manicone, Soryl Markowitz, Mary

Lou Weise-Stusser

GUESTS:

Zakir Choudhry, Antonio Doggan, Rayvone Douthard, Lorene Feldan, Bo Hwang, Marcia James, Esther Kelsey, Daisy Marks, Robert Martin, Barbara McCants, Shannon Nelson (Achievable), Sophia Orozco, Francisco Pineda, Sandy Rubenfeld, Todd Rubien, Larry Ryan, Robert Schwartz, Karen Smith, Russell Tanner, Ayode

Woods

Board chair Rene Rivas called the meeting to order at 6:15 p.m.

INTRODUCTION OF GUESTS: Guests were welcomed and invited to introduce themselves.

PRESENTATION

Shannon Nelson, Director of Development for the Achievable Foundation provided updated information on the Achievable Clinic. It is now a Federally Qualified Health Center (FQHC) and also operating as a Title 22 State licensed community health care center. It will be open from 9AM to 5:30PM Monday through Friday.

There are five doctors on staff now, with Dr. Anna Malanesi recently coming onboard. So far they've had approximately 300 patients visiting, and the patient caseload is growing. Other regional center's clients can utilize the clinic as well. Rene noted his daughter has had very positive experiences at the Achievable Clinic. Soryl Markowitz mentioned information about the clinic was passed out at "Autism Awareness Month" events. Varied agencies, families and others have taken information for themselves to share about the clinic throughout the community.





Ms. Carmen Ibarra is the new Chief Executive Officer for the Achievable Clinic. She will begin May 12th. Her past experience includes serving as the Chief Operations Officer at the Venice Family Clinic, and more recently, as the CEO of the Pomona Community Health Center.

CHAIRPERSON'S REPORT

Rene Rivas announced the Annual Meeting will be held June 11th at the Marina Del Rey Marriott. Please RSVP soon to Kerwind Portillo, Executive Secretary.

M/S/C TO APPROVE THE MINUTES OF MARCH 5, 2014

FINANCE

Courtney Colman reported that at 75% of the fiscal year we expect to be within our allocation in the Operations budget. In POS we are projecting a 10.5 million dollar deficit.

CLIENT ADVISORY COMMITTEE (CAC)

Joseph Allen Jr., reported The Westside Jam will be held on Friday, May 9th, from 4 to 8 p.m., at the Veteran's Memorial Building on Overland. The theme this year is "Reaching For Your Dreams." Pre-nominated client heroes will be honored at the event. The group continues to do volunteer work throughout the community. They've volunteered at a local senior center, Meals on Wheels, and Heal the Bay. They have completed 150 hours of volunteer time since last June.

Some of the activities they have participated in include bowling, to prepare for the Special Olympics; training on relationships and communication; health fairs; paddling and hydro biking in Long Beach.

NOMINATING COMMITTEE

This will be the last formal meeting for Joseph Allen, Jr., Brett Gordon, Lynne Krupp and Ron Williams. Their service to the board was greatly appreciated. It is anticipated that we will have interviews for those openings. Interested parties should submit applications to Kerwind.

The committee submits the following nominations for officers: Rene Rivas, Board President; Priscilla Hoe, Vice President; Courtney Colman, Board Treasurer; and Paula Hilton, Board Secretary. These will be voted on at the annual meeting.

Karol Scotta, the Chair of the Service Provider Advisory Committee will be stepping down. SPAC will be electing a new chair.

DISPARITY COMMITTEE

Nilo Choudhry reports the WRC Public Meeting took place on April 2nd at 10AM. The meeting covered statistical disparity in purchase of services by ethnicity, language, age and diagnosis. It was well attended with 52 people present. English to Spanish translation was provided. The audience included staff, parents, clients, board members, vendors, Disability Rights, California and the District Director from Senator Holly Mitchell's office. WRC will continue to do outreach to underserved populations. Informational sheets that list the various services available are being developed and there are active support groups to help families through the Family Resource Center.

POLITICAL ACTION AND OUTREACH COMMITTEE

Nilo Choudhry reported the May Revise of the 2014-2015 state budget is coming up next week. There were many local legislative and town hall meeting events and training conferences. Nilo and son met Kevin de Leon, the State Senator who will succeed Darrell Steinberg as Senate President. He seemed very responsive to someone with a developmental disability.

M/S/C TO APPROVE A LETTER OF SUPPORT FROM WRC FOR SENATE BILL 1445 (TELE-HEALTH)

Authored by State Senator Noreen Evans and shepherded by State Senate President pro Tempore Darrell Steinberg, the Tele-health bill will promote the availability of Tele-health for individuals with developmental disabilities. It overcomes major obstacles such as provider shortages, transportation costs, waiting times, etc. For example, individuals with a dual diagnosis of developmental disabilities and a mental health diagnosis could greatly benefit from tele-psychiatry services. This would be an amendment to the Lanterman Act to add "tele-medi" to services.

CLIENT SERVICE COMMITTEE

Judy Blumenthal reported they will continue their efforts to allow interested clients the opportunity to attend West Los Angeles College.

SERVICE PROVIDER ADVISORY COMMITTEE

Karol announced she will be stepping down. She has been on and off the committee for twelve years. As co-chair with Ben Davidson, they have worked well together. SPAC members met and are supportive of the Achievable Clinic. Bill Feeman and Carmine Manicone discussed Clinical Services with the group. Carmine shared "The Way Forward" event with the group. There is a dire need for more affordable housing in the L.A. area, especially with Section 8 housing vouchers not opening. There is a continuing need for those in transition aged 18-22 in school, etc.

ARCA

ARCA plans to expand its reach and participation with other organizations as part of its Strategic Plan. That included participating in the "Way Forward Forum" and an Early Start Capitol briefing this past April. As a result the "Way Forward Forum" steering committee has been in contact with ARCA asking if ARCA would consider engaging their Strategic Plan along with the "Way Forward's" Strategic Plan. This will be presented at next week's Executive Committee, Wednesday, May 14 from 10AM to 2PM. Also ARCA's Annual Meeting will be June 20th in Glendale.

State Senator Holly Mitchell has agreed to come and visit WRC and the Achievable Clinic. The date has not been set but we are targeting a visit in May.

Dan Rather has a news segment on AXS TV that covers the health care crisis and closures of the state hospitals in Nevada. Fernando thought it was very interesting and recommended people should see it so you can get an idea on what other states are doing.

The Special Olympics are coming to Los Angeles this summer. This event also is an invitational, meaning that other countries are invited to participate and compete with our community. The event is partnering with the "World Games" and it will be televised on ESPN in the U.S. and other international outlets.

WESTSIDE FAMILY RESOURCE/EMPOWERMENT CENTER (WFREC) No report.

REPORT OF THE EXECUTIVE DIRECTOR

Mike Danneker reported with deep regret the recent passing of Carrie Griffis. She was a tremendous person. She treated her clients like they were her own. She was a board member of Achievable. Her funeral is planned for next week. She will be deeply missed.

Mike announced he will be retiring by the end of the year. It was a difficult decision but considering his tenure of 32 years in two months and turning 70 in three, he felt it was the right time. Mike expressed his love of working at WRC and the Westside Way Culture. Overall in life, Mike has remained optimistic with the philosophy of EGBOK- Everything's Gonna' Be O.K. He thanked everyone for their support for all these 31+ rewarding and wonderful years.

Mike received a long heartfelt standing ovation. Everyone expressed their genuine loyalty, respect and great appreciation for Mike, not just as the Executive Director of WRC but as the man who unselfishly made things happen for the better good for countless others. The Achievable Foundation and H.O.M.E. would not exist without his creative efforts and active support. Judy Blumenthal, one of the original search committee members which hired Mike 32 years ago, expressed her hope that WRC hires someone that can measure up as Mike has with excellence and exceeding expectations in this tremendous capacity as Executive Director at WRC.

Rene Rivas, as Board President, mentioned a Search Committee will be formed. Interested board members were welcomed to stay after the board meeting concludes to discuss the next steps in the process.

Mike's leadership experience, depth and breadth of knowledge will be helpful in the process.

Portia presented Karol Scotta with an orchid plant to thank her for her two years of service as Chair of the Service Provider Advisory Committee.

OPEN AGENDA

No comments

M/S/C ADJOURNMENT 7:10 p.m.

Respectfully submitted

Nilo Choudhry

Board Secretary

MINUTES

ANNUAL MEETING OF THE BOARD OF DIRECTORS COASTAL DEVELOPMENTAL SERVICES FOUNDATION WEDNESDAY JUNE 11, 2014

MEMBERS PRESENT:

Joe Allen Jr.

Judy Blumenthal

Portia Griffith Lane Paula Hilton

Philip Jackson

Nilo Choudhry Courtney Colman

Lynn Krupp Gail Louis

Ben Davidson (SPAC) Cecelia Fabulich

Rene Rivas

Dru GarciaRichardson

Kene Kivas Karol Scotta (SPAC)

Fernando Gomez

Bob Steiner

Sandra Gonzalez Brett Gordon Jack Rose

Priscilla Hoe

ABSENT:

Ron Williams

STAFF PRESENT:

Mike Danneker and Kerwind Portillo

Board chair Rene Rivas called the Annual Meeting of the Members to order at the Marina del Rey Marriott at 6:50 p.m.

M/S/C

TO NOMINATE AND ELECT THE FOLLOWING FOURTEEN (14)

DIRECTORS FOR A FURTHER YEAR TERM:

Judy Blumenthal, Nilo Choudhry, Courtney Colman, Cecilia Fabulich, Dru Garcia-Richardson, Fernando Gomez, Sandra Gonzalez, Portia Lane Griffith, Priscilla Hoe, Philip Jackson, Gail Louis, Rene Rivas, Jack Rose, Bob Steiner

M/S/C

TO NOMINATE AND ELECT THE FOLLOWING FOUR (4)

DIRECTORS FOR A ONE-YEAR TERM:

Paula Hilton, Sophia Orozco, Larry P. Ryan, Russell Tanner

M/S/C

TO ADJOURN THE ANNUAL MEETING OF THE MEMBERS

Rene Rivas, President of the Board of Directors, called the Annual Meeting of the Board of Directors to order.

M/S/C

TO ELECT FOUR (4) OFFICERS FOR A ONE (1) YEAR TERM:

Rene Rivas - Chair

Priscilla Hoe – Vice-Chair Courtney Colman – Treasurer Paula Hilton – Secretary

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ORIGINAL

REPORT OF THE CHAIR: Rene Rivas welcomed everyone. He plans to address the whole group during dinner service regarding Mike Danneker's retirement and what the Board is doing in finding his replacement. An Executive Search Committee met and will be coordinating efforts

to find his replacement. This will continue the efforts started by Mike several years ago when there were pre-planning meetings strategizing the skill sets required of a successful Executive Director, etc.

To keep the process open, independent and to avoid any potential conflicts of interest, an outside HR firm will be contracted to conduct the actual executive recruitment search. RFP's have been sent out and Denise Fernald will coordinate and track responses and receipt of the proposals. Those proposals will be forwarded to Rene. The committee expects eventually to come up with 2-3 best candidates. Keeping the values and the culture of Westside as created and nurtured by Mike will be paramount.

Board Officers, Committee Chairs and those going off the board are normally acknowledged. Rene also thanked everyone. He, as a parent, especially praised all those who serve our clients and do not themselves have a family member with developmental disabilities. Service to clients extends to voting, being active politically - watching out for those who don't have a voice.

<u>APPROVAL OF THE MAY 7, 2014 MINUTES</u>: The motion to approve the last meeting's minutes will be moved to the next scheduled meeting.

COMMITTEE REPORTS:

FINANCE: The Legislature requires that all POS contracts above \$250,000 need to be presented to the Board for approval. Funding for these contracts is included in the budget.

M/S/C TO APPROVE THE FOLLOWING CONTRACTS

- Master Housing Agreement This contract does not have any money attached to it. This is the Master Agreement which agreements 2, 3, and 4 below refer to. We do a new one every fiscal year to be sure the contracts are in compliance with the DDS Housing Guidelines of each fiscal year.
- ARFPSHN (Adult Residential Facility for Persons with Special Health Care Needs) - This home will be for five individuals who require intensive 24 hour nursing support. The home will have 5 bedrooms and be equipped with ceiling mounted lift systems and a backup generator system.
 - Acquisition Agreement for ARFPSHN \$250,000
 - Renovation Agreement for ARFPSHN \$350,000
- SRF (Specialized Residential Facility) This home will be for 3 adults with a dual diagnosis requiring significant supports. The home will have a delayed egress system.
 - Acquisition Agreement for SRF \$200,000
 - Renovation Agreement for SRF \$250,000
- 4. FTH (Family Teaching Home) This home will be developed in collaboration with the Southern California Integrated Health and Living Project. The home will be certified through a Family Home Agency for 3 adults who have a dual diagnosis and/or significant behavioral challenges.
 - Acquisition Agreement for FTH \$200,000
 - Renovation Agreement for FTH \$250,000

- 5. National Mentor Healtcare, LLC. Family Behavioral Services, \$752,100
- Stephanie Young Consultants, Inc. Crisis Team, Behavior Evaluation & Intervention, \$300,000
- Community Integrated Work Program, Inc. Crisis Response Project, \$300,000

POLITICAL ACTION AND OUTREACH COMMITTEE

We are keeping an eye on the movement to restore the Early Start program.

ARCA

They will meet locally next Thursday and Friday. The ARCA Board of Directors Meeting will be Friday in Glendale. Interested individuals are welcome to attend.

REPORT OF THE EXECUTIVE DIRECTOR

Santi Rogers, the Director of DDs, will be at Westside next Thursday morning to tour and also to see the Achievable Clinic. Individuals are welcome to be there when he visits.

OPEN AGENDA

We fondly remember and honor our former long-time board member, Maria Richardson. She passed away last week after having reached the age of 90. Maria was a dynamic, formidable lady who headed Fuerza, a Hispanic advocacy organization. She was the devoted and loving mother of Carlos, one of our clients at Westside. Her son's talents as a drummer and outgoing ways led him to interact and play with a regular band. One of Maria's proudest moments was when Carlos traveled to China to play for Chinese audiences, showcasing the capabilities of individuals with Down's syndrome. Her funeral was held this morning in Culver City. Mike, Mary Lou and Paula were able to attend. Maria was a great lady and she will be missed.

Rene invited the Board members to pose for photographs, and for everyone to enjoy themselves at the evening's dinner. The next meeting of the Board of Directors will be held at WRC on July 9th, the second Wednesday in July.

M/S/C

TO ADJOURN THE ANNUAL MEETING OF THE DIRECTORS AT 7:10 p.m.

Respectfully submitted

namal

Nilo Choudhry Board Secretary

ORIGINAL