



Southern California Integrated
Health & Living Project

Project 5

Supported Living Services For Adults With Substance Abuse and Mental Health Issues

Background: The Southern California Integrated Health and Living Project is a collaborative effort to develop new, innovative, and evidence-based resources to support persons moving from state developmental centers to the community. Each year, the Project will focus on creating an array of living, work and ancillary support options for targeted adolescents and adults who present substantial challenges for our current service system. Through this collaborative approach to resource development, the Project intends to expand existing partnerships with providers currently serving individuals with developmental disabilities and create new relationships with community organizations who demonstrate expertise in co-occurring conditions, e.g., mental illness, substance abuse, forensic involvement, etc.

The project team of resource development specialists and multidisciplinary professionals will have primary responsibility in meeting each project outcome, which will include working closely with the staff at each regional center from client identification and the development of resources through transition to the community. The Project is funded by the State of California Department of Developmental Services.

Target Population: The SCIHLP is developing specialized supported living services for adults with mental health issues and chronic substance abuse history.

Project Specifications:

- Services to be developed around the individual utilizing person-centered planning approaches (e.g., Essential Lifestyle Planning).
- Services will outline how research based methods of treating substance abuse (see National Institute of Drug Abuse *Principles of Drug Addiction Treatment*) will be adapted to meet the needs of persons with developmental disabilities and mental health issues.
- Service design will outline use of behavioral and cognitive-behavioral therapies.
- Service design shall specify how substance abuse treatment will be integrated with mental health treatment.
- Service design to specify how collaboration between provider, judicial, law enforcement, probation, family members, alcohol and drug abuse and mental health agencies will work to ensure implementation of intervention and reduce relapse.
- Service design shall specify how frequent substance abuse testing will be integrated into the treatment design and implemented.
- Service design to identify specialty consultants to advise on service design, methods and procedures, staff training, and curricula.

Start-up and Continuation Funding: Negotiable

Proposal Requirements: For funding consideration applicants must submit a proposal of no greater than 5 pages, double spaced that includes:

- Organizational Structure. A listing of all services currently operated, indication of management structure (e.g. org chart)
- Provider Philosophy. A brief description of the mission, vision and values of the provider and how they apply to the provision of services and the role of quality assurance in the agency.
- Overview of Methods and Procedures. A description of the proposed service components, curricula, and how they would address the unique needs of the target population described above.
- Program Evaluation methods. A detailed description of how the provider will evaluate success including expected outcomes in measurable terms, measurement procedures, as well as fidelity of treatment measures.
- Identification of Consultant Specialists (e.g., drug abuse treatment therapist, behavior analyst, psychologist).
- Description of how provider will synchronize their intervention and teaching efforts with judicial, law enforcement, substance abuse treatment agencies, family members, medical personnel, and probation authorities.

Deadlines for Receipt of Proposals: Proposals must be received by this regional center by the due dates specified in this Request For Proposal Packet. Questions? Contact William McLain (423) 871-1378.

Proposal Evaluation and Notification: Proposals will be evaluated by the regional center resource development team in collaboration with the SCIHLP staff and Steering Committee.

A collaborative of nine (9) regional centers:
Frank D. Lanterman, Harbor, Inland, North LA, Orange, San Gabriel/Pomona, South Central LA, Tri-Counties & Westside